

# CANTERBURY GRILLE

## Canterbury Salads (Half portions are available upon request.)

**Taco Salad:** Fresh Chopped Romaine, Seasoned Ground Beef or Seasoned Chicken, Shredded Cheddar Cheese tossed in Avocado Ranch Dressing & topped with Fresh Pico de Gallo & Crispy Tortilla Strips

**Greek Salad:** Fresh Chopped Romaine Cherry Tomatoes, Sliced Cucumbers, Kalamata Olives, Artichokes and Red Onions with a Greek Feta Dressing & Topped with Crisp Pita Chips.

**Roasted Beet Salad:** Fresh Arugula, Mandarin Oranges & Walnuts with House Citrus Dressing

**Kale Caesar Salad:** Chopped Kale, Aged Parmesan Cheese & Focaccia Croutons Tossed served with a Sun Dried Tomato Caesar Dressing

**Roasted Pear Salad:** Field Greens, Roasted Pears, Dried Cherries, Toasted Pecans & Goat Cheese Crumbles served with our House Apple Cider Vinaigrette

**Grapefruit and Avocado Salad:** Field Greens and Romaine, Avocados, Red Onions, Grapefruit Segments and Dried Cranberries served with Raspberry Vinaigrette

**Honey Glazed Chicken Salad:** Fresh Chopped Romaine, Fried Chicken Fingers, Tomatoes, Shredded Carrots, Cheddar Cheese & Cucumbers served with a Honey-Lime Dressing

### **Grilled Salmon or Grilled Chicken available on all Salads**

**Salad Dressings:** House Apple Cider Vinaigrette, House Citrus, Ranch, 1000 Island, Blue Cheese, Caesar, Honey Mustard

Raspberry Vinaigrette, Italian, Balsamic Vinaigrette or Greek Feta

## Canterbury Pastas (Half portions are available upon request.)

**Vegetable Linguini:** Broccoli, Spinach, Sun Dried Tomatoes, Roasted Red Peppers, Fresh Basil, Aged Parmesan & Tossed with Basil Pesto or House Marinara Sauce

**Chicken & Bowtie Alfredo:** Aged Parmesan Cream Sauce, Grilled Chicken Breast & Broccoli.  
(Also available with Shrimp or Vegetarian)

**Butternut Squash & Roasted Turkey Penne:** Roasted Turkey Breast, Caramelized Onions, Roasted Butternut Squash, Swiss Chard & Brussels Sprouts Tossed with Whole Wheat Penne Pasta, Light Butternut Squash Sauce, topped with Chopped Scallions & Parmesan Cheese

## **Canterbury Entrées** (Half portions are available upon request.)

**Corn Meal Dusted Fried Oysters:** Buttermilk Marinated Fresh Oysters Flash Fried & Served with A Cajun Remoulade Dipping Sauce

**Grilled Salmon:** Seasoned and grilled to perfection, brushed with Lemon Herb Butter.

**Grilled Fish or Shrimp Tacos:** Seasoned and Grilled Tilapia or Shrimp, Fresh Citrus & Cabbage Slaw & Pico de Gallo on Grilled Flour Tortillas

**Portobello or Chicken Fajitas:** Grilled Portobello Mushroom or Chicken with Mexican Rice, sautéed Peppers and Onions served on sizzling Fajita skillet with Flour Tortillas

**Grilled Trout:** Fresh Local Trout Grilled to Order and finished with Almonds & Parsley Butter

**Bone-In Pork Chop:** Your choice of Fried or Grilled with Lemon Herb Butter, served with Arugula, Lemon and Olive Oil.

**Crab Cakes:** Two Fresh made Crab Cakes, Pan seared and served with Lemon Caper Aioli and Fresh Spinach.

**Fried Chicken Tenders:** Deep Fried & served with Honey-Mustard Dipping Sauce

**Chicken and Shrimp Paella:** Yellow Rice loaded with diced Chicken, Shrimp, Onions and Peppers, cooked in Lobster Broth, served on a Sizzling Cast Iron Dish.

**Fried Shrimp:** Flash Fried and served golden brown with choice of Tarter or Cocktail Sauce.

**Portobello Turkey Burger:** Fresh Grilled Turkey Burger with Sautéed Portobello Mushrooms, Provolone Cheese, Arugula & Pesto Mayo on a Whole Wheat Toasted Bun

**Burger of Choice:** Third pound Grilled Angus Burgers served on a Bun with choice accompanied with: Mushroom Swiss, Blue Cheese, Bacon & Cheese, Pepper Jack & Avocado, or Chili & Cheese. (Vegetarian Black Bean Burger Also Available)

Consuming raw or undercooked hamburgers or meat products may increase your risk of food borne illness.

## **Accompaniments**

**Soup Du Jour:** Homemade Vegetable Soup or Soup of the Day

**Side Salads:** Mixed Greens, Caesar, Spinach or Side Salad of the Day

**Sides:** Baked Potato, Baked Sweet Potato, French Fries, Sweet Potato Fries or Side of the Day

**Desserts:** Selection of the Day

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**Taco Salad:** Fresh Chopped Romaine, Seasoned Ground Beef or Seasoned Chicken, Shredded Cheddar Cheese tossed in Avocado Ranch Dressing & topped with Fresh Pico de Gallo & Crispy Tortilla Strips

**Greek Salad:** Fresh Chopped Romaine Cherry Tomatoes, Sliced Cucumbers, Kalamata Olives, Artichokes and Red Onions served with Greek Feta Dressing & Topped with Crisp Pita Chips.

**Roasted Beet Salad:** Fresh Arugula, Mandarin Oranges & Walnuts served with House Citrus

**Kale Caesar Salad:** Chopped Kale, Aged Parmesan Cheese & Focaccia Croutons Tossed served with a Sun Dried Tomato Caesar Dressing

**Roasted Pear Salad:** Field Greens, Roasted Pears, Dried Cherries, Toasted Pecans & Goat Cheese Crumbles served with our House Apple Cider Vinaigrette

**Grapefruit and Avocado Salad:** Field Greens and Romaine, Avocados, Red Onions, Grapefruit Segments and Dried Cranberries served with a Raspberry Vinaigrette

**Grilled Salmon or Grilled Chicken available on all Salads**

**Salad Dressings:** House Apple Cider Vinaigrette, House Citrus, Ranch, 1000 Island, Blue Cheese, Caesar, Honey Mustard

Raspberry Vinaigrette, Italian, Balsamic Vinaigrette or Greek Feta

# Canterbury Entrées

**Half portions are available upon request.**

**Grilled Salmon:** Fresh Grilled Salmon with Lemon & Herb Butter

**Vegetable Linguini Pasta:** Broccoli, Spinach, Sun Dried Tomatoes, Roasted Red Peppers, Fresh Basil, Aged Parmesan & Basil Pesto or Marinara Sauce

**Fried Chicken Tenders:** Deep Fried and served with Honey Mustard Dipping Sauce

**Spinach Quiche:** Sautéed Spinach & Swiss Cheese served with Fresh Fruit and Mini Muffin

**Quiche Lorraine:** Bacon & Cheddar Cheese served with Fresh Fruit and Mini Muffins

# Canterbury Sandwiches

**Half portions are available upon request.**

**Harvest Chicken Salad Croissant:** Fresh Chicken Salad made with Apples, Grapes & Walnuts with Lettuce & Tomato on a Toasted Croissant

**Grilled Fish or Chicken Tacos:** Seasoned and Grilled Tilapia or Chicken, Fresh Citrus & Cabbage Slaw & Pico de Gallo on Grilled Flour Tortillas (2 tacos per order)

**House BLT:** Maple & Black Pepper Bacon, Fresh Tomato, Green Leaf Lettuce & Mayo on Toasted Multigrain Bread

**Croque Monsieur:** A Gourmet Grilled Cheese Sandwich with Ham, Swiss Cheese & Dijon Mustard on Toasted Brioche Bread

**Pub House Fish Po Boy:** Fried Cod Fillet with House Slaw & Malt Vinegar Tartar Sauce on a Toasted Hoagie Bun

**Portobello Turkey Burger:** Fresh Grilled Turkey Burger with Sautéed Portobello Mushrooms, Provolone Cheese, Arugula & Pesto Mayo on a Whole Wheat Toasted Bun. (Can be made Vegetarian)

**Burger of Choice:** Third pound Grilled Angus Burgers served on a Bun with choice accompanied with: Mushroom & Swiss, Blue Cheese, Bacon & Cheese, Pepper Jack & Avocado, or Chili & Cheese.

**(Vegetarian Black Bean Burger Available upon request)**

**Consuming raw or undercooked hamburgers or meat products may increase your risk of food borne illness.**

**Grilled Beef Hot Dog:** Served on a Wheat Bun with or without Chili

## Accompaniments

**Soup Du Jour:** Homemade Vegetable Soup or Soup of the Day

**Side Salads:** Mixed Greens, Caesar, Spinach or Side Salad of the Day

**Sides:** Baked Potato, Baked Sweet Potato, French Fries, Sweet Potato Fries or Side of the Day

**Desserts:** Selection of the Day